

Investigation on the process of fruit and vegetable from past until now

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Man has learned the ways of usage fruit and vegetable as a good source of food since many years ago.

One way for increasing the usage of these products, is prevention of losses between harvest and consumption time. These losses are a result of unawareness about: proper methods of harvest, handling, storage and marketing.

On the other hand, another part of losses is related to technology of processing.

Progress in: harvest methods, cooling, usage of proper stores, preserving the products by new packaging and processing (canning, freezing, drying, fermentation, pickling, preserving with high sugar concentration,...) can increase the amount of food and decrease losses, in our country.

In this paper, common processing methods of fruit and vegetable, methods of harvesting, handling and storage will be investigated and newest progress in processing and harvesting techniques will be introduced.